

Programme

Sport Coach, MA, 60 ECTS

Year I						
Semester I			Hours/ weeks			
No.	M/E	Subjects	L	P	ECTS	Lecturer
1	M	Psychological Aspects of Sports Performance	1	2	3	Prof.Asoc.Dr.Hazir Salihu
2	M	Coaching Practice I	2	2	6	Prof.Ass.Dr.Bahri Gjinovci
3	M	Research Methods	2	1	4	Prof.Dr.Sadik Krasniqi
4	M	Advanced Sport Physiology	2	1	4	Dr. Ferat Sallahu
5	M	Sport Biomechanics	1	2	3	Prof.Asoc.Dr. Aziz Dujaka
6	M	Advanced Training Methods	2	1	4	Prof.Ass.Dr. Florian Miftari
7	M	Advanced Athletic Training Methods	1	2	3	Prof.Dr. Naser Rashiti
8	E	Training process In Individual Sports	2	1	3	Dependin from the subject
9	E	Training process In Sport Games	2	1	3	Dependin from the subject
10	E	Physical Preparation of Sportsman	2	1	3	Prof.Dr.Hasim Rushiti
Semester: II						
Nr.	M/E	Subjects	L	P	ECTS	Lecturer
1	M	Developing Talented Performer: Bio-Psycho-Social Development	2	1	3	Prof.Ass.Dr.Shqipe Bajçinca-Brestovci
2	M	Sport Nutrition/Anti-Doping	1	1	2	Prof.Ass.Dr.Malsor Gjonbalaj
3	M	Sport Injury and Rehabilitation	1	1	2	Prof.Asoc.Dr.Abdulla Elezi
4	M	Coaching Practice II	2	3	7	Prof.Ass.Dr.Bahri Gjinovci
5	M	Testing and training recommendations	1	3	4	Prof.Dr.Hasim Rushiti
6	M	Understanding & Analyzing Sport and Performance	2	1	3	Prof.Asoc.Musa Selimi
7	E	Long Term Development of the athlete	2	1	3	Prof.Asoc.Dr.Hazir Salihu
8	E	Sport Managment and Administration	2	1	3	Prof.Ass.Dr.Afrim Koca
9	E	Recovery & Nutrition for Elite Athlete	2	1	3	Prof.Asoc.Dr. Bylbyl Sokoli
Applied Coaching Research Project					6	

Explanation: The total number of credits (ECTS) accumulated for one year is 60 ECTS - credits.

Out of 13 compulsory courses, a total of 48 ECTS are earned, out of 6 elective courses, the student is obliged to choose 2 courses from the two semesters, respectively 6 ECTS - credits.

Upon successful completion of the Research Project, the student will accumulate 6 credits.